

Thank you for your purchase of our product. Before using this watch, read this instruction manual carefully to ensure correct use. After reading this manual, store it in a safe place for future reference.

■ Safety precautions (Instructions to be followed at all times)

This manual contains the following the instructions that should be strictly followed at all times to prevent injury to yourself and other persons as well as damage to property.

■ Injuries and damages which might be caused by using the watch improperly, neglecting any of the instructions or precautions contained in this manual are classified with the following symbols.

⚠ WARNING Can cause serious injury or death

⚠ CAUTION Can or will cause minor or moderate injury or damage

■ Important instructions that should be followed are classified with the following symbols.

⚠ Warning (caution) symbol followed by instructions that should be followed or precautions that you should be observed.

■ Before using

This is a **mechanical-type watch**.

Since the watch can be wound by hand, turn the crown to sufficiently wind the watch before use.

For a manual-winding watch: Fully wind it every day. Turn the winding crown 15-20 full turns from the (0) position.

For a self-winding watch: Each day either wind the spring by hand or by swinging your arms for more than 3 hours while wearing the watch on your wrist (natural swinging of your arms while walking is enough to wind it).

【How to distinguish the types】

The model number of your watch is stamped on the back cover, as shown in the figure on the right. Check the model number and refer to the corresponding instructions when setting the time and calendar.



■ Specifications

1. Accuracy

-20 to +40 seconds per day at normal temperature
(The range of timekeeping accuracy when the watch is worn may be exceeded depending on the conditions of use.)

2. Additional Functions

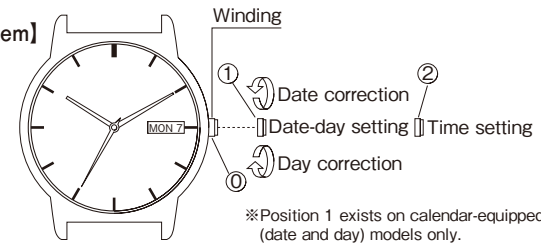
Equipped with date display:
Automatic correction function
Equipped with day display:
Bilingual display

*Specifications are subject to change without notice.

■ Setting the time/calendar

* In the case of a screw lock-type crown, release the crown before operation. After operation, return the crown to position 0 and tighten it firmly by pressing and turning it to the right (clockwise).
* Some designs do not contain the date and day depending on the model.

【82※※ System】



【Setting The Time】

- (1) Pull out the crown to position ② and turn to set hands to correct time.
*For calendar-equipped watches, do not confuse the AM/PM setting.
- (2) When crown is returned to position ① watch will begin to keep the time.

【Setting The Date】

- (1) Pull out crown to position ①.
- (2) Set date by turning crown to the left.
- (3) Set day by turning crown to the right.
*For watches equipped with date display, date is set by turning crown to the right.
- (4) Return crown to ① position.

Note:

* Avoid performing the calendar quick setting operation between the below listed times:

For watches equipped with date display
.....9:00PM~1:00AM

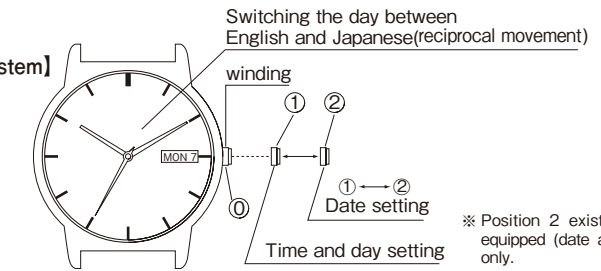
For watches equipped with both date and day display
.....9:00PM~4:30AM

If the calendar quick setting operation is performed between these times the calendar could be incorrectly set to the date of the previous day.

After setting watch hands during these times, set time, day and date accordingly.

* The calendar function operates on a 31-day cycle. It is necessary to change the date to the first day of the following month manually by turning the crown for months having 30 days as well as for February.

【66※※ System】



Set in the sequence of Day-Date-Time.

【Setting The Day】

- (1) Set the day by performing a reciprocating motion between 9:00PM and 4:30AM with the crown at ① position.

【Day - Switching between English and Japanese】

- (1) Pull the crown out to position ① and turn it so that the hands move back and forth between 9:00 PM and 4:30 AM. The day display will change from English to Japanese (or from Japanese to English).
- (2) After correcting the day, return the crown to position ① (normal position) after first setting the watch to the correct time. that time.

【Setting The Date】

- (1) The date changes instantly when the crown is pulled out, from position ① to ②. Set to required date by performing a reciprocating motion between ① and ② positions.

Note:

The calendar function operates on a 31-day cycle. It is necessary to change the date to the

first day of the following month manually by turning the crown for months having 30 days as well as for February.

【Setting The Time】

- (1) Pull out crown to position ① and turn to set hands to correct time. For calendar-equipped (date and day) watches, do not confuse the (2) AM/PM setting.
- (2) AM/PM setting:
When crown is returned to position ① watch will begin to keep time.

Note:

There are cases that the date will not change on the following day when date settings are made between about 9:00PM and 4:30AM so date setting should be made with the hands moved out of this range.

■ Precautionary items and usage limitations

⚠ WARNING Water Resistance

- Non-water resistant watches cannot be used under-water or in environments in contact with water.
- Water-resistance for daily use (to 3 atmospheres) means that the watch may be worn while washing your face or in the rain, but is not to be immersed in water.
- Upgraded water-resistance for daily use (to 5 atmospheres) means that the watch may be worn while swimming, but is not to worn while skin diving.
- Upgraded water-resistance for daily use (to 10/20 atmospheres) means that the watch may be worn while skin diving, but not while scuba or saturated diving using helium gas.

Water Resistance:

Refer to the watch dial and the case back for the indication of the water resistance of your watch. The following chart provides examples of use for reference to ensure that your watch is used properly.
(The unit "1bar" is roughly equal to 1 atmosphere.)

Indication		Specification	Water-related use				
Dial	Case back		When water is simply splashed onto the watch (washing your face or in the rain)	Swimming and general washing work (kitchen work, swimming, etc)	Water sport and skin diving (without air tank)	Scuba diving (with air tank)	Pulling out the crown when the watch is wet
No indication	WATER RESIST(ANT)	Water-resistant to 3 atmosphere	○	×	×	×	×
WATER RESIST 5bar or no indication	WATER RESIST(ANT) 5bar or WATER RESIST(ANT)	Water-resistant to 5 atmosphere	○	○	×	×	×
WATER RESIST 10bar/20bar or no indication	WATER RESIST(ANT) 10/20bar or WATER RESIST(ANT)	Water-resistant to 10 or 20 atmosphere	○	○	○	×	×

*WATER RESIST(ANT) ××bar may also be indicated as W.R.××bar.

⚠ CAUTION

- Always use the watch with the crown pushed in (normal position). If the crown is of the screw lock-type, make sure it is securely locked.
- Do NOT operate the crown when the watch is wet. Water may penetrate into the watch, causing deterioration of water resistance.
- The durability of a leather band may be affected when wet, owing to the properties of the material. In the case of a watch of upgraded water resistance for daily use that is frequently used in water, fading, peeling of adhesive or other problems may occur. It is therefore recommended to use another type of band (metal or rubber watchband).
- If a watch of upgraded water resistance for daily use is immersed in sea water or subjected to excessive perspiration, thoroughly rinse with fresh water and wipe completely dry with a soft cloth.
- If water enters the watch or the watch fogs up and does not clear up even after a long time, consult your dealer or Citizen Consumer help desk, your nearest Customer Support Center.
- If seawater enters the watch, place the watch in a box or plastic bag and immediately take it in for repair. Otherwise, pressure inside the watch will increase, and parts (crystal, crown, buttons, etc.) may come off.

⚠ CAUTION Always keep your Watch Clean

- Small amounts of dirt may become trapped in the tiny gap between the crown and case, making it difficult to pull out the crown. It is recommended to occasionally turn the crown in its normal position to remove any dirt.
- The case and band of the watch come into direct contact with the skin in the same manner as undergarments. Corrosion of the metal or unnoticed soiling such as that caused by perspiration and dirt can soil sleeves and other portions of clothing. Keep your watch clean at all times.
- Wearing this watch may cause itching or rash if you have sensitive skin or certain physical conditions. If you think there is something wrong, discontinue wearing the watch immediately and consult your physician.

Possible causes of rashes include:

1. Allergy to certain metals or leather
 2. Rush, dirt or perspiration present on the watch's body and band
- Leather bands may become discolored by perspiration or dirt. Always keep your leather band clean by wiping with a dry cloth.
 - Do NOT wear the band too tightly. Try to leave enough space between the band and your skin to allow adequate ventilation.
 - (Caring for your Watch)
• Wipe any dirt or moisture such as perspiration from the case and crystal with a soft cloth.
 - Remove any dirt from a leather band with a dry cloth.
 - For a metallic, plastic or rubber watchband, wash any dirt off with water. Remove the small amounts of dirt trapped between the crevices of the metallic band with a soft brush.
 - Do NOT use solvents (such as paint thinner or benzene) for cleaning, since they may mar the surface of the band.

⚠ CAUTION When Wearing your Watch

- Be particularly careful when wearing your watch while holding a small child, to avoid injury.
- Be particularly careful when engaged in strenuous exercise or work, to avoid injury to yourself and others.
- Do NOT wear your watch while in a sauna or other location where your watch may become excessively hot, since there is the risk of burns.
- The rubber (urethane) band may be stained by dyes or soil present in or on clothing or other accessories. Since these stains may not be able to be removed, caution is required when wearing your watch with articles that tend to easily transfer color (articles of clothing, purses, etc.).

⚠ CAUTION Handling the Band (Putting on and Taking off Band)

- Be careful when putting on and taking off your watch, since there is a risk of damaging your fingernails, depending on the manner in which the band is fastened.

(When equipped with Natural Light)

- "Natural Light" uses luminous paint that emits no hazardous radiation at all, and is not harmful to human beings or to the environment. It emits light stored during exposure to daylight or artificial light. However, the brightness of the light will diminish as the watch remains in darkness. In addition, depending on the brightness of the daytime light source and the distance between the watch and the light source, the length of time the watch emits light will vary. Note that if the light stored in the watch is insufficient, the watch may not emit much light or will lose brightness quickly.

(Temperature)

- The function of the watch may be impaired or the watch may even stop if the ambient temperature is outside the range of -10°C to +60°C.

(Strong Shock)

- Avoid dropping the watch or subjecting it to other strong impact.

(Chemicals, Corrosive, Gasses and Mercury)

- If paint thinner, benzene or other solvents or products containing these solvents (including gasoline, nail-polish remover, cresol, bathroom cleaners and adhesives) are allowed to come into contact with the watch, the may discolor, dissolve or crack the materials. Be careful when handling these chemicals. Contact with mercury such as that used in thermometers may also cause discoloration of the band and case.

(Storage)

- If you will not be using your watch for an extended period of time, carefully wipe off any perspiration, dirt or moisture and store in a proper location, avoiding locations subject to excessively high or low temperatures and high humidity.

■ Warranty and service

1. Free Guarantee

In the case a malfunction has occurred during the course of normal use while the watch is still under warranty, the watch will be repaired free of charge in accordance with the conditions of the warranty included with this manual.

2. Stock Period of Repair Parts

Citizen's standard period for stocking repair parts for each model is generally seven years. When an exterior parts such as the watch case, glass, dial, hand, crown or band is damaged, a spare parts with different appearance may sometimes be used.

3. Repair Period

Repairs can be performed on your watch within the repair parts stock period. However, you will be charged for these repairs. Please take the watch to the shop where you purchased it and ask whether it can be repaired because the repair period varies according to the conditions of use, environment and so forth. Moreover, there are cases in which it is difficult to restore the watch to its original accuracy when decreased accuracy has resulted from long-time use.

4. Change of Address or Receiving as a Gift

In the event that you have received your watch as a gift, and are not able to bring your watch to the shop where it was purchased for servicing, please consult Citizen Consumer help desk, your nearest Customer Support Center.

5. Periodic Inspection (charge basis)

You should have your watch inspected (charge basis) every 2-3 years to extend its life and ensure safety. When it becomes necessary to replace packings and springs, it may sometimes also be necessary to inspect other parts or to make repairs in addition to replacing the parts. Please ask for more detailed information on repair or replacement expenses at the shop where you purchased your watch or Citizen Consumer help desk, your nearest Customer Support Center.

6. Other Inquiries

If you have any questions regarding the way warranty, repairs or other matters, please inquire at the shop where you purchased your watch or Citizen Consumer help desk, your nearest Customer Support Center.

■ Please Direct Inquiries To:

Citizen Consumer help desk ☎0120-78-4807

Business hours: 9:30-17:30 (Monday thru Friday excluding holidays) / Calls can also be made by cell phone or PHS.
CITIZEN WATCH URL : <http://citizen.jp>

<Customer Support Centers>

SAPPORO SUPPORT SERVICE Kita 14Jyo, Nishi 2-6, Kita-ku, Sapporo (〒001-0014)	TEL. 011-709-1121
SENDAI SUPPORT SERVICE 2F Sendai Jyozenji Bldg., 3-4-33, Kokubun-cho, Aoba-ku, Sendai (〒980-0803)	TEL. 022-263-3140
TOKYO SUPPORT SERVICE 2F Citizen Nakano Bldg., 5-68-10, Nakano, Nakano-ku, Tokyo (〒164-8726)	TEL. 03-6327-3894
NAGOYA SUPPORT SERVICE 2F Kamimaezu-hayashi Bldg., 1-4-5, Kamimaezu, Naka-ku, Nagoya (〒460-0013)	TEL. 052-350-1755
OSAKA SUPPORT SERVICE 3-8-9, Minami-senba, Chuo-ku, Osaka (〒542-0081)	TEL. 06-6252-1432
HIROSHIMA SUPPORT SERVICE 4F Sumitoh Hiroshima Bldg., 9-21, Kyobashi-cho, Minami-ku, Hiroshima (〒732-0828)	TEL. 082-568-9093
FUKUOKA SUPPORT SERVICE 8-18, Kami-kawabata-cho, Hakata-ku, Fukuoka (〒812-0026)	TEL. 092-281-4310